

DELICIOUS VEGGIE FOOD RECOMMENDATIONS

ON THE SHELF:

AMY'S NO CHICKEN NOODLE SOUP



SLOPPY JOE MIX BY FANTASTIC.
Fast and cheap!



ENER-G EGG REPLACER



VARIOUS BRANDS OF SOY, RICE & NUT MILKS. Try a few to know what you like best!



ANNIE'S NATURALS
GODDESS DRESSING



NASOYA VEGI-DRESSINGS



PARMA! VEGAN PARMESAN



SUZANNE'S JUST LIKE HONEY
RICE NECTAR AND VARIOUS
BRANDS OF AGAVE NECTAR



DONUTS BY NUTRILICIOUS



MARSHMALLOWS BY SWEET & SARA OR VEGAN SWEETS



COOKIES BY ALTERNATIVE BAK-
ING CO., BOSTON COOKIES,
UNCLE EDDIE'S, AND
NEWMAN-O'S BY NEWMAN'S



TROPICAL SOURCE SEMI-SWEET
CHOCOLATE CHIPS BY SUNSPIRE

